

Coronary artery disease

Plaque builds in arteries that supply the heart. It can limit blood flow or rupture and trigger a clot. Treatment reduces risk and symptoms; some people need a stent or bypass surgery.

Everyday care

- Take prescribed cholesterol and other heart medicines consistently.
- Do not stop aspirin or another antiplatelet after a stent without instructions.
- Follow your activity plan and discuss cardiac rehabilitation when appropriate.

When to contact your care team

Contact your care team promptly for a change in your usual symptom pattern, reduced exercise tolerance, or medication problems. New or persistent chest symptoms need acute assessment.

When to call 911

Call 911 for new or unexplained chest pressure that lasts more than a few minutes or returns, especially with sweating, nausea, breathlessness, or faintness. Do not drive yourself.

Questions for your next visit

What is my cholesterol goal? / How long do I need my antiplatelet medicines? / What should I do if chest symptoms occur?

Care team/contact: _____ Next visit: _____

[Read the full patient guide online](#)

This summary supports your personal care plan. Medication and activity instructions may differ.